

## SUGGESTED DANCE LEVEL - BREAKDOWN

This list of dance terms was put together as a guideline only for line dance teachers. It will also assist choreographers in assigning a level to their dances, and help teachers determine the level of a dance that has no level assigned to it.

Please keep in mind this is a guideline only. All dancers, teachers and classes are different, and what's intermediate for one group may be advanced for another. The important thing to keep in mind is that a natural progression should take place. As with anything you learn...you need the basic information before you can move forward with more intricate details.

The terms listed are, by no means, every dance term available. They are, however, some of the more common terms used in line dancing. Once you see the categories, you will have a better idea of where other terms would fit as well.

The breakdown is as follows:

**Basic Beginner:** For dancers who are brand new to dance. A "walk in" off the street so to speak.

**Easy Intermediate:** *"Also known as Improver or Advanced Beginner levels"*

For dancers who have a basic knowledge of dance terminology and who are coping well with Beginner material and wish to move to the next level but aren't ready for the full Intermediate level.

This is a good bridge between the Beginner and Intermediate platforms, where steps may crossover from one level to another.

**Intermediate:** For dancers with a solid knowledge of dance terminology, who have been dancing for some time.

**Advanced:** For dancers who not only have a solid grasp on dance terminology, but can also execute more complex steps and patterns with ease, and are able to perform more style-specific technique.

### SUGGESTED DANCE LEVEL BREAKDOWN

BEGINNER	EASY INTERMEDIATE	INTERMEDIATE	ADVANCED
Apart	Ball Change	Arm Movements	Applejacks
Back Recover	Ball Step	Boogie Walk	Body Rolls
Balance	Ball Cross	Bridge	Count "8 & 1"
Beats	Behind Side Cross	Chug	Count "1 & a"
Behind	Chasse (Side Triple)	Diagonal (Steps)	Hat Work
Brush	Cha Cha Cha	Diagonal (Lock)	Pencil Turn
Bump	Clap(s)	Dorothy Step	Reverse Turns
Centre	Coaster Step	Heel Ball Change	Rise & Fall
Charleston Step	Coaster Cross	Heel Ball Cross	Styling
Count	Count "&"	Heel Jacks	Spiral Turn
Cross Step	Cross Unwind	Hinge Turn	Skirt Work
Cross Recover	Cross Shuffle	Kick Ball Change	
Fan (Heel / Toe)	Drag	Kick Ball Cross	
Forward Recover	Heel Grind	Lock Step	
Grapevine (Vine)	Hop	Lock Shuffle	
Heel	Jazz Box	Lunge	
Hitch	Jazz Box Turn	Mambo Step	
Hook	Jump	Mambo Turn	
Hold	Paddle Quarter Turn	Monterey Turn	
Kick (Forward, Cross, Side)	Pivot Half Turn	Night Club Basic	
Knee Pops	Restart	One Eighth Turns	
Point	Rolling Vine	Out, Out, In, In	
Rock Step	Rhumba Box	Ronde (Sweep)	
Recover	Running Weave	Sailor Step	
Rocking Chair	Shimmy	Sailor Step Turn	
Scuff	Shuffle (Forward, Back)	Samba	
Side Recover	Skate	Samba Cross	
Splits (Heel / Toe)	Slide	Scoot	
Start Position	Step Turn Step (Chase)	Spin	
Step	Swivel	Spot Turn	
Step Quarter Turn	Sweep	Switches (Side) (Heel) (Toe)	
Stomp	Tag	Swivets	
Strut (Heel / Toe)	Twinkle (Cross Waltz)	Tempo Change	
Sway	Twist	Three Step Full Turn	
Together		Toe Heel Cross	
Touch (Tap)		Triple Turn	
Walk		Vaudervilles	
Waltz Basic			
Waltz Quarter Turn			
Weight Change			